Broughton Astley

Whetstone

Sutton in the Elms

**Enderby** 

Blaby

Narborough

Local Rock

Littlethorpe

**Frolesworth** 

Bringing you the best from the heart of the community for 9 years

Web: www.localrock.co.uk Email: info@localrock.co.uk

8,600 copies delivered



# Inspiring India

Be inspired by the classic sights of India's iconic Golden Triangle, discovering delightful Udaipur and searching for majestic Bengal tigers. Add some of Rajasthan's hidden gems and you have the perfect first-time tour of India.



FREE SINGLE SUPPLEMENT

Book by 28 Feb

## 14 day escorted tour from £3,390pp

Departing 7 Nov 2025\*

Includes return flights, all hotels, all meals, expert guide, all sightseeing & entrance fees, all transport in destination

Hinckley: 01455 233 935 Burbage: 01455 610 734 Lutterworth: 01455 559 803 Birstall: 01162 676 006

\*Alternative 2025 & 2026 dates available. Full terms and conditions apply



Company Number 11814859

- √ No Deposit Required
- √ No Call Out Fees
- **✓** All Rubbish Removed
- √ Fully Insured

#### FREE SCAFFOLDING

WITH ALL NEW ROOFS







ALL ASPECTS OF ROOFING WORK
UNDERTAKEN
FLAT ROOFING
PITCH ROOFING
RE-POINTING
RE-BEDDING
CHIMNEY RE-BUILD
DRY VERGE
DRY RIDGE
UPVC FASCIAS, SOFFITS & GUTTERING
ROOFLINE
MOSS REMOVAL



**CALL TODAY FOR A FREE QUOTATION & ADVICE** 

**O116 442 0189** 

HINCKLEY 01455 372033

INFO@ROOFRITEUK.COM • WWW.ROOFRITEUK.COM

# Find all the latest editions, prices and media pack on our website

VILLAGES - HINCKLEY CENTRAL

NUNEATON

SOUTH LEICESTER

For further details call 01455 698 161 - 07977661102

Email info@localrock.co.uk

#### **CONTENTS:**





Be Kind to Hospital
Staff

WIN £100 Food
Hamper/Gift Voucher
Thanks to Hamlett's
Harvest

We're opening our doors for Let's Dance!

www.localrock.co.uk



## We would like to say a big thank you

The Directors of Holiday Lounge would like to thank each and every one of our clients for booking with us during January, to make it the best trading month since we opened in 2004.

We would like to thank our amazing team for all of their continued hard work, The Local Rock for publishing our editorial and looking after us for our advertising, we have used them for many years and found our advertising campaigns very successful.

We would highly recommend The Local Rock magazine team to look after your advertising in the local community, it has generated so many new clients for us. The quality of the service, the prices and the quality of the various magazines, we look forward to our next advertising campaign with them.

Promote your business regularly with us, call us on 01455 698161





Although all effort will be made to meet customers' wishes, the publishers do not accept responsibility for inaccuracies in advertisements or in consequences arising, nor do they guarantee the insertion of any advertisement on a specified section of the magazine responsibility is accepted for the loss or damage to copy, or error in the printing. It is the responsibility of customers placing adverts to ensure conformity with the Trade Description Act 1975 Sex Discrimination Act 1975, Business Advertisements Disclosure Order 1977 and the Consumer Credit Act 1974. All artwork used in The Local Rock was to be published or used in any other publications without our permission. All advertisements placed in the Local Rock need to be pre-paid prior to insertion. We reserve the right to amend or omit any advertisement without giving prior notice to the advertiser. All advertisements are accepted in good faith. Placing an order with The Local Rock will signify acceptance of the above conditions. The Local Rock June 2022.

DISCLAIMER. The opinions expressed in this publication are not necessarily those of the editor. The Local Rock retains typographical copyright on all adverts and editorial typeset by The Local Rock. These may not be reproduced elsewhere without prior written permission from The Local Rock. All rights reserved. No part of this publication may be reproduced without prior permission of The Local Rock







- Hard floor cleaning
- On site curtain cleaning
- Rugs, including oriental and antique
- All types of upholstery, especially leather

RUGS - we are CLEANING SPECIALISTS traditional Persian or Chinese, Gabbeh or Kilim, we even love Wiltons and Shaggy ones!

Stuart Simpson SENIOR MEMBER NCCA

#### Call or email Stuart for FREE ADVICE

0116 298 7082 07825 795558 stuart@theprofessionalcarpetcleaner.co.uk www.sjscarpetcleaners.co.uk



CHECK OUT QUALITY OF OUR SERVICE ON SJS GOOGLE REVIEWS FOR BOTH LEICESTER AND LOUGHBOROUGH



## Dog Adoption Information Morning at Leicester

**Animal Aid** 

A local cat and dog rehoming charity is holding a special event where potential adopters can find out more about the process and see residents looking for forever homes.

Leicester Animal Aid will be holding the Dog Adoption information morning at its Centre, in Huncote, on Saturday 29th March from 10am to 11.30am.

This event will take place in the Charity's newly refurbished training barn where visitors will be able to see the dogs in a fun, informal setting where they can exhibit their natural behaviours and put their best paw forward. Information and advice from qualified, well-informed staff will be available.

At the event, those who wish to take the next step can register their interest in their preferred dog. However, anyone who thinks they may like to adopt a dog now or in the future is welcome.

If you would like to attend this free event, you can contact the Centre or complete an online



booking form through L.A.A.'s website www. leicesteranimalaid.org.uk/events





## **Select Landscapes**

Specialists in -

Slabbing - Paths & Patios **Block Paving - Fencing** - Artificial Grass - Deckina - Tree Work - Jet Washing & Sealing

- All groundworks

undertaken - Turfina



ANY REASONABLE QUOTE BEATEN. Please call for a free quote on 07789 667691

or **01455 241681** 

### **Ellison Brickwork**

We offer the complete professional building solutions

- Brickwork
- Driveways
- Foundations
- · Garden/Design/Patio
- Extensions

Free no obligations quote

32 Years Experience

Please call Adrian at Ellison Brickwork 07891873843

## **Have Your Windows** Steamed Up

Replace just the failed glass unit!

Looking to upgrade your existing vindows and doors? UPVC, composite or aluminium.

Contact us NOW!



All glazing backed by our



Faulty locks, handles or hinges?

**Priority freephone** 0800 6121118

www.cloudy2clear.co.uk

Love Your Home - Protect Your Windows - Save Money 🔰 👍

#### HATE GYMS? LOVE GYMOPHOBICS!



#### AMAZING MEMBER RESULTS!

SINCE JOINING US...

Over 90% have seen improvement with MENTAL HEALTH

> Over 97% feel FITTER & HEALTHIER

Over 84% LOST INCHES

Over 71% LOST WEIGHT

Over 98% would **RECOMMEND US** 

Based on a survey of over 600 members - June 2024

Our female-only environment creates a safe haven for women and our highly-trained instructors guide ladies every step of the way. There is always an instructor on the circuit interacting with members, providing encouragement and assisting with exercises. You don't hear clanking weights or whirring treadmills in our gym.

Members receive a personalised programme specifically built around individual needs with regular 1-2-1 reviews keeping members on track.

We aren't just a gym, we are a whole lifestyle package revolutionising women's health and fitness.

**LADIES ONLY - 30 MINUTE WORKOUT** 

♥ First Floor 39a - 41a Leicester Road Wigston, LE18 1NR © 0116 319 4750

# Bring Back Beavers to Combat Flooding!

Recent floods in Leicestershire prompted a fascinating suggestion for a possible solution – bringing back beavers!

Alberto Costa MP, who represents South Leicestershire, claims dams built by the creatures "help reduce water flow and flood risk"

His comments came after hundreds of homes were flooded and a major incident declared in Leicestershire early in January.

Costa said the reintroduction of beavers would need to be done in collaboration with local farmers to ensure risk to land is minimised.

Ben Devine, head of nature recovery at Leicestershire & Rutland Wildlife Trust, said beavers were once widespread across the country and "played a crucial role in our wetland landscapes until they were hunted to extinction in the 16th Century".

He called them "nature's finest wetland engineers" and said they helped "create habitats that benefit other wildlife".

Mr Devine added: "Research by the University of Exeter and Devon Wildlife Trust based on a



ten-year study of wild-living beavers in Devon shows that the animals are having a positive impact on flood and drought alleviation.

"The Wildlife Trusts are committed to working with communities and authorities at catchment scale ensuring robust feasibility and consultation to support successful wild beaver releases across England and Wales."

A government spokesperson said: "Flooding this winter has shown there is much more work needed to be done to protect communities from the devastating impact it leaves behind.

"We are working with Natural England to review options on species reintroduction, including beavers."







## ECC Window Systems







"Massive thank you to all the Eco Windows team. So please with the whole house and conservatory. Very professional service, nothing too much trouble and the finish looks amazing" \*\*\*\*

## T. 01455 635 230

E: info@ecowindowsystems.co.uk - www.ecowindowsystems.co.uk





We now offer a repair service which includes

- Glass Unit Replacements
- Window Hinges
- Window Locks
- Window Handles

- Door Adjustments
- Door Locks
- Door Hinges
- Door Handles

T. 07926 129 018



NEW APPROVED SUPPLIERS AND INSTALLERS OF





## COMING SOON



RESURGENCE TIMBER LOOK FLUSH SASH



## ECC Window Systems



T. 01455 635 230

E: info@ecowindowsystems.co.uk www.ecowindowsystems.co.uk



## THE LIGHTEST EVER FOLDING POWER WHEELCHAIR

Premier Mobility

The QUICKIE Q50R Carbon Wheelchair is now available from Premier Mobility in Hinckley

- V TRAVEL LIGHT
  Weighing only 14.5kg
- EFFORTLESS FOLDING A simple clip, fold and push will make folding simple.
- PERFECT FOR TRAVEL
  Lightweight, easy to fold
  and a great battery range!



**AVAILABLE IN 5 ACCENT COLOURS** 



## TRAVEL WITH EASE AND COMFORT WITH THE QUICKIE PLEASE CONTACT US FOR MORE INFORMATION

136 Ashby Road Hinckley, LE10 1SN



01455 634786



sales@premiermobility.co.uk



## Oakleigh Driveways

- Driveways
- Asphalt Driveways
- Block Paving
- Red or Black Tarmacking
- Pattern imprint Concrete
- Resin Driveways

- Landscaping
- Patios
- Paths
- Slabbing
- Building Work & Drainage

Call for a FREE quotation on

01455 817637

Email: enquiries@oakleighdriveways.com

www.oakleighdriveways.com Lychgate Lane, Aston Flamville, Burbage LE10 3AQ





## **Be Kind to Hospital Staff**

A new campaign has been launched to tackle physical and verbal abuse towards staff at Leicestershire hospital premises.

The 'Kindness campaign' was launched by University Hospitals of Leicester NHS Trust and features images of real healthcare workers talking about their recent experiences at the hospitals, with straplines such as 'we are proud to care for you' and 'please don't abuse our staff'.

Emergency department sister, Lily Jones, said: "Once, a patient who could not walk became aggressive while waiting for someone to help him. We told him that we would help soon, but he threw a chair at us. It was a very upsetting experience. This campaign is so important and if it makes people visiting the hospital think twice then it will be making a difference to me and my colleagues."

Figures show there are around 100 recorded incidents of aggression, including physical assault and verbal abuse, recorded at UHL sites each month.

Kim Hudson, Head of Security at UHL, said: "Our dedicated teams are proud to care for you. We are compassionate and inclusive, which means we treat all patients and visitors with respect and kindness - and expect to receive this in return.

"While most patients and visitors treat our colleagues with kindness and respect, a small number seem to think it is acceptable to use sexist, racist and abusive language, and even physical violence. We take all reports of abusive behaviour towards our colleagues very seriously. Our colleagues work incredibly hard every single day to make a difference to the lives of so many people.

"We understand that being in hospital can be a stressful experience and at times patients, their families and carers might become frustrated, but please always show our colleagues the kindness they deserve. They are mothers, fathers, sisters, brothers, and friends who mean the world to their nearest and dearest, so please think about how you would want your own



family to be treated when they're at work."

Last year, UHL introduced body worn cameras to the Emergency Department at the Leicester Royal Infirmary. The teams report that they are a successful deterrent for would-be offenders and, where needed, provide vital evidence to hand over to the police for further investigation. The cameras have been so successful that they will be rolled out in the Clinical Decisions Unit at Glenfield Hospital.

When responding to violent behaviour, UHL's security investigations team can issue verbal warnings in person, send warning letters, submit formal reports to the Police, and where necessary, they can obtain Criminal Behavioural Orders (CBOs).

In 2024, UHL became the first acute trust in the country to start using a safety app to keep its staff safe. Staff can download the app, share their location, and alert security teams about any safety-related incidents, including violence or aggression, at the touch of a button.





75, Boyslade Road, Burbage, LE10 2RF Tel: 07929 614486 - Email: shop@hamlettsharvest.co.uk





## WIN A £100 FOOD HAMPER/ GIFT VOUCHER

THANKS TO HAMLETT'S HARVEST

#### **HOW TO ENTER**

Thanks to our friends at Hamlett's Harvest, simply find the 10 words shown below and mark them on the wordsearch to be in with a chance of winning a food hamper or gift voucher to the value of £100.

ARTISAN	<b>PICKLES</b>
PASTRIES	CAKES
FRUIT	<b>BAKERY</b>
VEGETABLES	<b>SEASONAL</b>
CHUTNEYS	FRESH

\*POSTAL ENTRIES ACCEPTED ONLY\*
Send your entry to:
The Local Rock
Hamlett's Harvest Competition

8 Hawley Road

Hinckley, I	Leicestershir	е
I F10 OPR		

Closing date: Monday 17th March 2025

\*Winners will receive confirmation from The Local Rock

				_	_								
	R	S	P	S	U	Н	Ν	L	U	D	1	G	M
	G	0	R	F	Α	С	Α	K	Е	S	Т	С	В
	Α	Υ	U	R	Ν	Υ	1	Т	Р	F	L	Н	0
	L	S	D	U	Т	Ν	S	R	D	С	В	U	F
	Т	Н	Р	1	С	K	L	Е	S	0	Α	Т	D
	Α	F	О	Т	В	Α	М	S	Е	L	K	N	Υ
L	R	U	G	K	U	F	G	L	Α	V	Е	Е	S
	Т	Р	Α	S	Т	R	I	Е	S	Н	R	Y	I
	I	Т	S	D	F	Е	Р	D	0	С	Υ	S	M
	S	K	R	Н	Т	S	В	I	N	R	G	Р	Α
	Α	Μ	0	М	G	Н	Α	С	Α	K	Υ	R	N
	Ν	V	Е	G	Е	Т	Α	В	L	Е	S	В	D
	F	Α	I	V	S	N	R	Α	С	0	S	F	S

Name:	
Address:	
Contact number:	
Email:	

## We're opening our doors for Let's Dance! LET'S GET

We are excited to announce that we are joining the Let's Dance Campaign!

This is a fantastic nationwide initiative spearheaded by Angela Rippon to bring people together through dance.

We invite you to join Dance with Hollie for an Open Day!

Since I started the Silver Swans adult ballet classes in 2021, I now have added low impact tap, Ballet Pilates (ballet 'on the ball') and Dance-sit to the timetable.

Classes are weekday mornings and are in a fun, supportive and encouraging environment, following safe dance practice.

Dance is a great way to build muscular and bone strength, improve balance, coordination, memory, cognitive function, flexibility and endurance. The social side of dance is a great way to meet new people, as we do meet up outside of the classes and do events that bring us together. Lam a firm

Pance with Hollie believer

that dance is for anyone, there is no age barrier!

Dance with Hollie classes have something for everyone, from Silver Swans Ballet and low impact tap, to floor based exercise to seated dance.

All classes are free to try so you can find your right dance fit, try something new, get back to something you once loved or just find a new way to get active and keep moving!

With the support from Let's Get Moving and the Let's Dance Campaign, come and visit me on my Open day on the 2nd March at Evergreen Hall Sharnford, see my new branding, discuss why dance is important and have a natter - It would be lovely to see you.



MOVING



www.dancewithhollie.co.uk



Build your business with The Local Rock and book your adverts now



For further details call 01455 698161 - 07977661102 Email info@localrock.co.uk

#### **Bronze**

Book two adverts and payment is taken on each deadline

#### Silver

Book four adverts and payment is taken on each deadline

#### Cold

Book six adverts and pay total in advance

#### **Situations Vacant & Public Notices**

Costs based on the one off prices see below

## Advertising rates

Hinckley Central - 10,200 copies, Nuneaton - 8,500 copies, and South Leicester 8,600 copies

	One off Price per advert + VAT	Bronze Price per advert + VAT	Silver Price per advert + VAT	Gold Price per advert + VAT	Gold Total Payment + VAT
1/8 Page	£48.50	£44.00	£39.00	£37.25	£223.50
1/6 Page	£65.75	£56.50	£53.00	£48.50	£291.00
1/4 Page	£81.50	£73.50	£65.75	£61.50	£369.00
1/3 Page	£97.00	£88.50	£79.50	£74.50	£447.00
1/2 Page	£124.00	£113.50	£102.50	£97.00	£582.00
Full Page	£220.00	£201.00	£183.50	£172.75	£1,036.50
Handy Numbers	£23.00				

Prime position prices + VAT:

Front Page £270.00 Back Page £270.00 Inside front £237.50 Inside back £237.50 Centre Spread£340.00 Page 3 £189.00

For the Village edition prices, please see our website

Tel: 01455 698161 • www.localrock.co.uk







# **TOP CLASS SERVICE FOR OVER 30 YEARS**







#### WINDOWS | DOORS | CONSERVATORIES | ROOFLINE

Our professional, family-run team are proud to have received thousands of positive reviews from satisfied customers over our 30 years in business. From the first visit through to the build, we aim to deliver exceptional service.

- Visual Design Software To Realise Your Dream New Product
- Friendly, Knowledgeable Staff
- Expert Fabrication and Installation Teams

If I could give these guys 10 stars I would. The fitters were more than first class, professional, friendly and skilled.

Nothing not to like about my experience with Burbage Custom Windows.

**Mick Jones** 

Speak to our EXPERT team today 01455 631212

burbagecustomwindows.co.uk info@burbagecustomwindows.co.uk

Or come visit our showroom!

Unit J, Tungsten Park Maple Drive, Hinckley, Leicestershire, LE10 3BE Monday - Friday
9am - 5pm
Saturday
9am - 12pm



Types of Care:

Residential, Day Care, Respite, Dementia, Physical Disability and Palliative Care

Find out more on our website:



- An All-Inclusive Fee.
- Accept Private And Funded Residents.
- Provide Free No-Obligation Care Assessment.
- Can Carry Out The Assessment Within 24 Hours Of Enquiry.

West View

0116 296 0191

Alston House

0116 296 1321

The Magnolia

0116 296 0228



136 Leicester Road, Leicester, LE2 9HG

380 Aylestone Road, Leicester, LE<sub>2</sub> 8BL

6 Monsell Drive, Leicester, LE<sub>2</sub> 8PN

#### What Facilities Are In Your Homes?

- Spacious En-Suite Rooms
- Accessible Gardens
- Variety Of Social Spaces
- Nutritious Fresh And Tasty Meals •
- Complimentary Wi-Fi
- Disabled Access And Lift Service •
- Visitors Parking
- Free Welcome Pack

- Mini Bus Access
- Library Book Delivery
- Laundry And Housekeeping
- Fully Planned Activity Schedule

www.midlandscare.co.uk















