

*Bringing you the best from the heart of the community for 12 years*

Hinckley  
Central

The  
Local  
Rock

Village edition available fortnightly

Web: [www.localrock.co.uk](http://www.localrock.co.uk) Email: [info@localrock.co.uk](mailto:info@localrock.co.uk)

10,200 copies delivered

**Our biggest and best  
Christmas display yet!**



[www.sapcotegc.co.uk](http://www.sapcotegc.co.uk)  
**Sapcote**

**Garden Centre & Cafe**

Hinckley Rd, Sapcote LE9 4LG Tel: 01455 274049

Open Monday to Saturday - 9.00am to 6.00pm • Sunday - 10.30am to 4.00pm



**CAFE OPEN:**  
Mon - Sat 9.00 - 4.00;  
Sunday 10.00 - 3.30

(Last orders 15 minutes before closing)

Visit our Facebook page and watch our video to get an idea of just how good it is





ROOFRITE<sup>ltd</sup>

Company Number 11814859

- ✓ No Deposit Required
- ✓ No Call Out Fees
- ✓ All Rubbish Removed
- ✓ Fully Insured

**FREE SCAFFOLDING**  
WITH ALL NEW ROOFS



**ROOFING  
SERVICES  
EXPERTS**

ALL ASPECTS OF ROOFING WORK  
UNDERTAKEN  
FLAT ROOFING  
PITCH ROOFING  
RE-POINTING  
RE-BEDDING  
CHIMNEY RE-BUILD  
DRY VERGE  
DRY RIDGE  
UPVC FASCIAS, SOFFITS & GUTTERING  
ROOFLINE  
MOSS REMOVAL

**25 YEAR GUARANTEE**



**CALL TODAY FOR A FREE QUOTATION & ADVICE**

**LEICESTER**

**0116 442 0189**

**HINCKLEY**

**01455 372033**

**INFO@ROOFRITEUK.COM • WWW.ROOFRITEUK.COM**

**Find all  
the latest  
editions,  
prices and  
media pack on  
our website**



**www.localrock.co.uk**

**VILLAGES - HINCKLEY CENTRAL  
NUNEATON  
SOUTH LEICESTER**



**For further details call**

**01455 698 161 - 07977661102**

**Email [info@localrock.co.uk](mailto:info@localrock.co.uk)**

**CONTENTS:**

- 5 Snap! Big Night of Football Fun for Mental Health
- 7 What a community can do when they all come together!
- 9 Classic Cars Delight Crowds in Hinckley Again
- 11 Honouring Volunteers who Make a Difference
- 13 Hinckley and Burbage Lions Club Raise £2879
- 15 Keep Safe Spaces in our Villages and Towns
- 19 Community Fridge Brings People Together
- 21 Cracking Down on Youth Vape Sales

**www.localrock.co.uk**

**“The Local Rock is a true community magazine”**

Organisers of Cadeby Fete 2024 are hugely grateful to The Local Rock for its support in promoting this year’s event and helping to make it such a success. The fete is the main annual fundraiser for Cadeby Church and all money raised helps to keep the church in good repair and open daily for all who want to visit. This year, the event was held for the first time at Market Bosworth Rugby Club, where more than 500 visitors helped to raise an amazing £5,000. Fete co-ordinator Rachel Parrish said: “The Local Rock is a true community magazine and goes out of its way to support people working to make a difference in their own communities.

“The magazine’s support for this year’s fete was especially welcome as we needed to spread the message about our new venue, and with The Local Rock being read by so many households in the area, it was the perfect way to let people know.”

**Promote your business regularly with us, call us on 01455 698161**

**Cadeby Fete is excited to announce a new venue for 2024**

The annual church fundraising event will this year be held at Market Bosworth Rugby Club on Cadeby Lane on Saturday 10th August from 10am.

Along with its popular Fun Day Show, the fete will feature all the usual stalls as well as a special silent and auction, a raffle with a top prize of £100, and a new arrival in the clubhouse, plus other on-venue local events and live music.

Cadeby Church and Lane Methodist said: “We have been hugely grateful to our village for its support in allowing us to hold the fete in these grounds for many years and are now looking forward to welcoming visitors to a new venue with the warm support of Market Bosworth Rugby Club.”

Cadeby Church is opened daily for all who wish to spend time there and have community services and events throughout the year.



**Terms and Conditions**

Although all effort will be made to meet customers' wishes, the publishers do not accept responsibility for inaccuracies in advertisements or in consequences arising, nor do they guarantee the insertion of any advertisement on a specified section of the magazine. No responsibility is accepted for the loss of damage to copy, or error in the printing. It is the responsibility of customers placing adverts to ensure conformity with the Trade Description Act 1975 Sex Discrimination Act 1975, Business Advertisements Disclosure Order 1977 and the Consumer Credit Act 1974. All artwork used in The Local Rock must not be published or used in any other publications without our permission. All advertisements placed in the Local Rock need to be pre-paid prior to insertion. We reserve the right to amend or omit any advertisement without giving prior notice to the advertiser. All advertisements are accepted in good faith. Placing an order with The Local Rock will signify acceptance of the above conditions. **The Local Rock August 2023**

**DISCLAIMER.** The opinions expressed in this publication are not necessarily those of the editor. The Local Rock retains typographical copyright on all adverts and editorial typeset by The Local Rock. These may not be reproduced elsewhere without prior written permission from The Local Rock. All rights reserved. No part of this publication may be reproduced without prior permission of The Local Rock

# Hiskins Electrical Services



Free quotations and advice  
All Electrical work undertaken  
from replacing a single light  
fitting to full rewires

Fully insured & Part P approved, you can have  
complete confidence you are in safe hands

Committed to being the best communicators in the industry,  
always delivering as promised exactly when promised. So if you  
need an electrician you can rely on, you're reading the right advert

**07455 640640** or **01455 360370**



Facebook.com/HiskinsElectrical

[www.HiskinsElectrical.co.uk](http://www.HiskinsElectrical.co.uk)

# Have Your Windows Steamed Up?

Finance  
Options  
Available

Replace just the failed glass unit!

Looking to upgrade  
your existing  
windows and doors?  
UPVC, composite or  
aluminium.  
Contact us  
NOW!



All glazing backed by our

**25  
YEAR  
GUARANTEE**



Get a FREE Quote

Social distancing in operation

Faulty locks, handles or hinges!



Priority freephone

**0800 61 21 118**

[www.cloudy2clear.co.uk](http://www.cloudy2clear.co.uk)

Love Your Home - Protect Your Windows - Save Money



*Makeup by Jodie*



Book in now for Halloween  
to get a spooky makeover  
for the big day or parties.

I also offer Face Painting, Bridal Makeup,  
Prom Makeup or Makeup for any special events.



Call Jodie **07983987045**

Email: [jodierthorpe3@gmail.com](mailto:jodierthorpe3@gmail.com)

f Makeup by Jodie @makeup\_by\_jodie



# Martin Page

YOUR LOCAL TREE SURGEON

- Are your trees too tall, blocking light or untidy?
  - Do your hedges, conifers or shrubs need trimming?
  - Would you like to remove that stubborn stump?
- With 30 years of working in your area, I would be  
pleased to give you free advice and a free quotation



Call me now on **01455 268496**

Constantly  
Recommended!

I ALSO SELL...  
high quality  
firewood logs



# Snap! Big Night of Football Fun for Mental Health

A football team representing a Hinckley gym took to the pitch on Friday, 20 September for a tournament in aid of charity.

The bumper charity football tournament took place at Ilkeston Town's New Manor Ground to raise money for the Mental Health Foundation.

Eight teams took to the pitch for the seven-a-side tournament, including line-ups of staff and members from Hinckley's Snap Fitness gym.

The event was free to attend for spectators with a small donation encouraged for the Mental Health Foundation.

As well as the on-pitch action, there were plenty of fun activities and challenges for all the family to enjoy.

Activities included a penalty shootout on the pitch, dunk the staff member, prize raffle and a relay race.

*"We're really excited to be hosting this charity football tournament later this month,"* said Adam Smith from Snap Fitnessw.

*"The Mental Health Foundation is an amazing charity and we're proud to be raising money for them."*



The Mental Health Foundation is Snap Fitness' official charity partner and its network of 90+ gyms across the UK have raised more than £55,000 over the past two years.

The donations raised will help MHF to continue their vital work which includes providing free mental health resources to schools across the UK.

This includes the Peer Education Project (PEP), a secondary school-based education programme that aims to give young people the skills and knowledge they need to protect their mental health and that of their peers.

The original programme was developed in 2015 and during its eight years, the foundation has reached an incredible 40,000 pupils in more than 200 secondary schools.

## OUTWOODS TIMBER

Established 30 Years  
Open To The PUBLIC & TRADE

Stocking a high range of products...  
Sleepers • Decking • Fencing • Sheds / Bird Tables  
• Concrete Posts / Gravel Boards

Offering a full complete service from enquiry to installation

Contact or visit us

Tel. 01455 612196 / 633572  
22-28 Westfield Road, Hinckley, LE10 0QW

BUILDING  
SAND  
TOP QUALITY  
PRICE

## CLEAR EARS

### Mobile Ear Wax Removal

Hinckley / Nuneaton and surrounding area

#### Micro-suction/Irrigation

Irrigation £32 one ear - £47 two

Microsuction £45 one ear - £60 two

Call us to discuss wax removal via micro-suction or water irrigation in the comfort of your own home.

Call or text David 07518 243091

See my facebook page / webpage at [clearearshinckley](http://clearearshinckley)



# EASYFIT

Wardrobes & Bedrooms

## BESPOKE FURNITURE MANUFACTURERS & INSTALLERS



Visit our showrooms at 14 Arbury Road, Nuneaton, CV10 7NA

T: 024 7638 6816

14 Arbury Road, Nuneaton, Warwickshire, CV10 7NA

[www.easyfitwardrobes.co.uk](http://www.easyfitwardrobes.co.uk)

EasyfitWardrobes

FULLY FITTED  
FROM

£895\*

Checkatrade  
9.8 out of 10

Trustpilot  
  
7000+ reviews

### Tug-of-war with your old garage door? Switch to electric for easy access.

- FREE 5-year warranty
- Manufactured in the UK
- Fitted by a local Garolla engineer
- The UK's No.1 recommended

\*Applies to White Transform doors up to 2.25m wide



Ask about our **NEW** police-accredited TITAN door, giving you extra peace of mind.

# GAROLLA

ELECTRIC GARAGE DOORS

BOOK A **FREE SURVEY** TODAY  
**024 7695 0769**  
**GAROLLA.CO.UK**

# What a community can do when they all come together!

Dr. Luke Evans MP was invited on Saturday evening to launch the new defibrillator at The Weavers Arms Hinckley, in memorial to Carl Dennis and Adam Clarke.

There was a community spirit inside the pub and it was amazing to see so many faces old and new, who had come to support the launch.

Penny the Landlady and her husband Dave who has known Carl for several years, along with his friends and family wanted to do something in aid of his passing and to have a lasting memory of him and began to raise money and awareness for a defibrillator situated outside of the public House in Derby Road, Hinckley.

The Family asked for donations to be made to G.Sellers at his funeral to raise money for a defibrillator, along with all the regulars and various donations the total amount raised was a staggering £2159.00.

Penny would like to wish a huge thank you to all the family and friends, the monthly Quizzers and Steve and Gail the Quiz masters for all your generous donations to reach the target that was needed.

Dr.Luke Evans said *“What a fantastic achievement for our community who have come together to raise funds for a defibrillator in memory of Carl Dennis.*

*“From what I have heard about Carl I know he would have been proud to have so many family and friends come together, to be able to give back to the community and potentially to save someone’s life”.*

It will aid so many in the future who may need this, it will help everyone in the community going forward and a constant memory of Carl Dennis who sadly passed in May 2024 and also Adam Clarke who sadly passed away in February 2023 and will be missed by so many.

*Forever in our Hearts*

Web: [www.localrock.co.uk](http://www.localrock.co.uk)



Email: [info@localrock.co.uk](mailto:info@localrock.co.uk)

## NEED A PLUMBER?

For all the small jobs the big boys don't want

Dripping taps, overflows, toilet not flushing, outside tap, leaking radiator, dishwasher and washing machine installation, new kitchen sink etc.

For a quick, reliable service call Richard at

**R S PLUMBING SERVICES**

Tel: **01455 446936** • Mob: **07715 293512**



Massive Choice



**WE HAVE MOVED**

TO OUR NEW SHOWROOM AT...  
9 Regent Street, Hinckley, LE10 0AZ



**EXTRA 5% OFF**  
FOR ALL NHS WORKERS &  
MOD SERVICE PERSONNEL

Give us a call on: **01455 851852**  
or **07982 609608**  
or visit our website: [www.kabw.co.uk](http://www.kabw.co.uk)

**The Kitchen & Bedroom  
Warehouse**

**OPEN Monday - Friday 10am - 5pm Saturday 10am - 1pm**

**Hands On take the hard work out of making your garden stunning!**

- Block Paving ✓
- Driveways ✓
- Fencing ✓
- Patios ✓
- Landscape Gardening ✓
- Slabs & Decking ✓
- Mini Digger & Driver Hire ✓
- Tarmac Driveways ✓
- Decorative Stones ✓
- Astroturf ✓

**T: 0116 367 4937**

**M: 07962 240 353**

Andy Maund based in Huncote

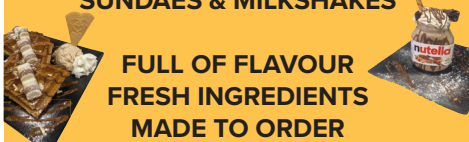
**Hands On Landscapes**

## HALLOWEEN DESSERTS COMING SOON



**Chocoholics  
DESSERTS**

COME AND EXPERIENCE OUR  
DIVINE NEW WAFFLES, CREPES,  
SUNDAES & MILKSHAKES



FULL OF FLAVOUR  
FRESH INGREDIENTS  
MADE TO ORDER

## Food Allergy

**This is not a nut free zone.**

Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish. Please ask a member of staff about the ingredients in your meal before placing your order. Thank you.

Watling Street, Hinckley, LE10 3ED



**OPENING TIMES  
7 DAYS A WEEK**



**MONDAY TO THURSDAY 5PM-10PM  
FRIDAY TO SUNDAY 3PM-11PM**



# Classic Cars Delight Crowds in Hinckley Again

The crowds once again turned out in their thousands for Hinckley's Annual Motor Show on Sunday, 15 September.

The streets of Hinckley town centre, as well as Market Square and Argents Mead were once more filled with hundreds of classic cars, vans, motorbikes, steam engines and magnificent vehicles of all types.

Also on show were some of the precursors of all of those vehicles – classic old bicycles which got a lot of interest from the public.

Enthusiasts, those with a passing interest and families just relishing a unique day out were enthralled by the wonderful sights on show.

The weather, for the most part, was kind, with only the occasional downpour prompting those exhibitors with soft top and convertible vehicles on show to rush back to their pride and joy saying: *“Just gonna have to pop back and put the lid back up!”*

Live rock and roll music was enjoyed by many in Market Square including some fantastic dancers and our own MP Dr Luke Evans.

It was once again a hugely enjoyable event with some truly amazing vehicles on show.

A panel of experienced judges had a difficult task on their hands in selecting just one winner in each of the motor show award categories.



## Best Car in Show:

### Winner:

Shaun & Nicola Roberts - VW Camper Van

### Best Motorbike in Show:

Nick Wilson - Triumph

### Most Elegant Classic Sports Car:

Steve Chester - Triumph

### Special Recognition Award:

Reg Price - Ford Greenbo

### Special Vehicle Award:

Nigel Ball - Showman Engine

### Best Club Car in Show:

Robert Cross - VW Golf

### Best Turned-Out Driver/Crew:

Mr Taylor and Miss Dunn - MG



# BALLS OF BARWELL

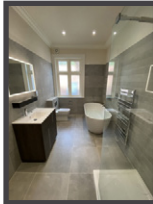
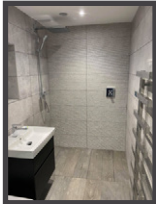
PLUMBERS, HEATING ENGINEERS AND ELECTRICIANS

## NEED A PLUMBER?

- New Heating Systems/Boiler Replacements
- Boiler Servicing and Repairs
- Radiators
- Bath/ Shower Rooms
- Wall and Floor Tiling
- Water Cylinders



**BOSCH** Glow-worm



## NEED AN ELECTRICIAN?

- Full Rewires
- New Fuseboards and Upgrades
- Extra Sockets
- Down Lighting
- Alarms
- Part P Registered



*Excellent  
Service from a Local  
Company that Cares*

39 Shilton Road, Barwell

**ELECSA**

Mobile: **07860 882546** Office: **01455 842672**

[www.ballsofbarwell.co.uk](http://www.ballsofbarwell.co.uk)

**safe**  
REGISTER



**Bespoke Gardens. Create a  
perfect garden environment**

## HERITAGE TIMBER BUILDINGS



- ✓ Sheds
- ✓ Timber Buildings
- ✓ Garages



Summerhouses  
delivered and  
installed from  
**£1399**



Call us for more info

**01455  
848080**



Unit 8, Venture Court, Hinckley, LE10 3BT

Find us on

[www.heritagetimberbuildings.co.uk](http://www.heritagetimberbuildings.co.uk)

[info@heritagetimberbuildings.co.uk](mailto:info@heritagetimberbuildings.co.uk)

# Honouring Volunteers who Make a Difference

Do you know someone in your community who makes a difference to the lives of others through volunteering?

Residents of Hinckley and Bosworth are currently being urged to nominate a person or group that deserves recognition for the help they give to others.

The Borough Council's Making a Difference community awards include individual and group categories as follows:

- **Creating a Sense of Community Pride:** an individual or group who are inspirational in supporting and engaging their local communities leading to enriched lives for residents;
- **Young volunteer(s):** A young person or a group (under 18) who volunteer and contribute their time, energy and skills to benefit others within our community;
- **An individual or group who volunteer to improve where we live, making it a better place for us all by enhancing wellbeing, our safety, and responsibilities in relation to our planet;**
- **Contributing to our local heritage, tourism or culture:** An individual or group who enable others to appreciate and benefit from our local heritage, tourism and cultural offer, which attracts visitors and makes this a borough for us all to enjoy;
- **50 Years of Volunteering:** to help celebrate the 50th year of Hinckley and Bosworth Borough Council a special category has been created for an individual or group who has been volunteering for 50 years;

Executive Member for the Voluntary Sector, Councillor Michael Mullaney said:

*To find out more about the different categories, nominate online, or download an application form. or telephone 01455 255934.*

Nominations must be received by Friday 4



October 2024. A judging panel will consider all nominations, and the awards will be presented at the voluntary and community sector celebration event at Hinckley Rugby Club on Thursday 14 November 2024. All individuals nominated, and representatives from groups nominated, will be invited to attend.

## We have some great SPECIAL OFFERS to spruce up your home

Get a quote now on a FULL PLASTICS CLEAN fascias/gutters/soffits

### Gutters cleaned from\*:

Terrace House.....£35  
Semi Detached.....£50  
Detached.....£70

Conservatory cleaned...from £95  
Car Ports cleaned.....from £75

GUTTERING AND FASCIAS REPLACED OR REPAIRED

• Fully insured • OAP Discounts

## Old tired rotten fascia's or leaking gutters

You don't need to replace the whole guttering, we can replace sections...

Old Cast Iron Guttering  
Broken Guttering



## M.D. Fascia and Guttering Services

For a FREE quote call Matt on

**07794 741650**

[www.mdfascia-gutteringservices.co.uk](http://www.mdfascia-gutteringservices.co.uk)



# Emily Blinds

INTERIOR BLINDS & SHUTTERS

- ◊ Friendly Local Company established over 30 years
- ◊ Free home measuring and selection service
- ◊ Evening appointments available
- ◊ At least a 3 Year warranty on all products fixtures and fittings
- ◊ All products meet current child safety regulations
- ◊ Manufactured at our workshop in Leicestershire
- ◊ No agents used



Vertical ◊ Roller ◊ Venetian ◊ Wooden ◊ Shutters ◊ Roman  
 Perfect fit ◊ Pleated Motorisation and Smart Home ◊ Allusion  
 Vision/Night & Day ◊ Conservatory Blinds



UK Manufactured interior shutters from £270.00 p/spm  
 10 Year Guarantee !



Call to arrange your free quotation or visit our  
 showroom at Goose Lane, Barwell, LE9 8DH

Tel: 01455 844347

[www.emilyblinds.com/info@emilyblinds.com](http://www.emilyblinds.com/info@emilyblinds.com)



You're invited to our  
**Age Well & Welcome  
 information event**

Join us on-site to find out about our new later  
 living homes exclusively for the over 55s.  
 Chat with the team and existing residents,  
 get a free health check and beauty treatments\*\*,  
 and consult our experts for legal advice.

**14 OCTOBER 2024 | 10AM – 2PM**

1-57 Alney House, Elizabeth Coxhead Gardens,  
 Hinckley, Leicestershire, LE10 0RR

Plus up to  
**£2,000**  
 worth of incentives  
 available\*



**Book your place today!**



T. 01455 388 568 | E. [thedials@anchor.org.uk](mailto:thedials@anchor.org.uk) | W. [thedials.org.uk](http://thedials.org.uk)

\*Applicable on certain plots. Further terms and conditions apply, please speak to sales consultants for more information. \*\*Complimentary treatments are subject to availability, to be booked in advance and available to qualifying customers only.



# Hinckley and Burbage Lions Club Raise £2879

Hinckley and Burbage Lions Club are celebrating the success of their annual Bosworth Battlefield sponsored walk.

Figures have just been completed for the event that took place in June and thanks to the excellent coverage given by the Local Rock and some lovely weather, there were almost 100 people who walked either the five mile or three-mile route.

The event is popular with local Air Cadets, Guides and Scout groups as it enables them to raise funds for their own organisations, as well as raising money for the Lions *"Fighting Cancer"* appeal, but this year there were many more individuals and families taking part.

A grand total of £2879 was raised, of which £1744 has gone to participating local Air Cadet, Guides and Scouts with the balance of £1135 being added to the Hinckley and Burbage Lions *"Fighting Cancer"* appeal.



Lions President Robin Wilson said, *'Our sincere thanks go not only to the walkers, but also to the many people who sponsored them; this will help their own groups, as well as our efforts to help beat cancer, where we hope to raise £3000 this year to donate to local cancer support groups.'*

The Lions are now focussing on organising a **'Christmas Cracker'** at Hinckley

St Mary's Church on Saturday, November 23.

This musical extravaganza will feature the melodious sounds of Harmonic Voices, Burbage Community Choir, plus special guests.

Funds raised on the night will be split between the church and the Lions.

Tickets will be available shortly at the church, or online <https://donorbox.org/events/639935>

## Ellison Brickwork

Site Trained - Time Served 32 Years Experience



- Professional building with pride and quality. Satisfaction guarantee.
- Foundations/Drainage/Culverts
- New Builds/Extensions/Retaining Wall
- Decorative Stone Work/Brickwork/Garden Walls
- Block Paving & Drives

No job too big or too small

For a free friendly estimate call  
**Adrian - 07891 873843**

## Plumbing, heating & bathroom specialists

- ✓ 15 years experience based in Leicestershire
- ✓ Plumbing & heating in homes & businesses
- ✓ Boiler breakdown & servicing



07753 538236

[bsilkplumbers.co.uk](http://bsilkplumbers.co.uk)



**B.SILK**  
PLUMBING & HEATING

## ALL ASPECTS OF ELECTRICAL WORK UNDERTAKEN

No job too big or small



**BD ELECTRICAL**  
DOMESTIC | COMMERCIAL | INDUSTRIAL



For a reliable and friendly service

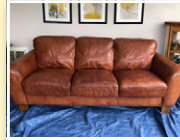
Call: 07912 042 749  
0116 225 2033



## Clean and brighten up your leather sofa and chairs to give them a new look!



Before



After!

### Specialist Leather Repair

- ✓ Professional cleaning and stain removal
- ✓ Scuffs, cat scratches and burns
- ✓ Colour loss restored
- ✓ Panel replacement
- ✓ Seam repairs
- ✓ Full suite re-colour
- ✓ New buttons and zips
- ✓ Online restoration

### Upholstery

- ✓ New seat cushions
- ✓ New springs / webbing
- ✓ Frame repairs
- ✓ Full suite upholstery in leather and fabric
- ✓ Free inspection / estimate by appointment at your home
- ✓ ALL WORK GUARANTEED

## Mark Miller *"Where Good Leather Costs Less"*

### Leather Cleaning and Repair

Serving Burbage, Hinckley and the surrounding areas

OPEN 7 DAYS A WEEK

No time to spare - call Mark today for a FREE estimate

**01455 612730 or 07949 606949**

[www.leathercleaningandrepair.co.uk](http://www.leathercleaningandrepair.co.uk)



## John's Painting & Decorating Services

Reliable, Professional and Trustworthy  
Over 40 years experience in the trade  
NO JOB TO SMALL  
Call for a quick Free Quote



Tel: 01455 646007 Mob: 07554 791535

## HATE GYMS? LOVE GYMOPHOBICS!



Our female-only environment creates a safe haven for women and our highly-trained instructors guide ladies every step of the way. Members receive a personalised programme specifically built around individual needs and regular 1-2-1 reviews keep members on track.

Focusing on ladies over 40!

Amazing results

Tailored support

Drop a dress size in weeks

Fun & friendly

All sizes & fitness levels

Improve your overall health

Improve strength, mobility & flexibility

Eases menopause symptoms

**WALK INS WELCOME!**

You don't hear clanking weights or whirring treadmills in our centre. Our Instructors are also trained to provide nutritional advice.

**We aren't just a gym, we are a whole lifestyle package revolutionising women's health and fitness.**

LADIES ONLY - 30 MINUTE WORKOUT

📞 01455 697377

📍 9a The Borough, Hinckley, LE10 1NL  
🌐 [Hinckleygymphobics.co.uk](http://Hinckleygymphobics.co.uk) 📱 [GymphobicsHinckley](https://www.facebook.com/GymphobicsHinckley)

# Keep Safe Spaces in our Villages and Towns

Did you know that there are a total of 18 Keep Safe Spaces across the borough of Hinckley and Bosworth – including two in Barwell, two in Earl Shilton and two in Market Bosworth?

These spaces, in busy retail areas, offer support and advice to anyone feeling overwhelmed, vulnerable or distressed.

Stickers can be seen at the front of 'Keep Safe Places' which include libraries and shops that have signed up to the scheme.

Staff at Keep Safe Places can help by contacting friends, family or the emergency services if needed.

For some people, knowing there is a place of security close by can provide the confidence to go out freely. Council offices and libraries provide Keep Safe cards which show the details of who to contact in an emergency, or medical assistance that may be needed.

As well as the venues in Earl Shilton, Barwell and Market Bosworth, there are nine in Hinckley, one in Desford, one in Markfield and one in Ratby.

A council spokesperson said: *"It's important that everyone in Hinckley and Bosworth knows*

*they have places to go when they need some help while out and about.*

*"Getting out into the community can be great for your mental health. But if it becomes too overwhelming, or another problem arises, it's reassuring to know that Keep Safe Places can help you.*

*"Look out for window stickers or check online at the link below for the list of Keep Safe Places in our borough."*

For more information, including addresses and opening times of the 18 Keep Safe Places in the borough, visit [www.hinckley-bosworth.gov.uk/keepsafeplaces](http://www.hinckley-bosworth.gov.uk/keepsafeplaces)



**Dry Carpet & Fabric Upholstery Cleaning Specialists**

*Carpets dry and ready to use, Minimal furniture removal.*

**For a FREE NO obligation survey contact 01455 372404**






Dry Logic

www.dry-logic.co.uk

Established 2006

DO YOU WANT TO EARN EXTRA CASH?

Wolvey  
Burbage  
Barwell  
Hinckley



Would suit mature person actively seeking some delivery people with in these areas.

If so we want to hear from you as we are currently recruiting for delivery team members to join our established delivery team.

If you feel you could be part of the Local Rock Team please give us a call on

01455 698161

Email enquiries to:  
[info@localrock.co.uk](mailto:info@localrock.co.uk)



**WE'VE  
MOVED!**



**JAXON ROSE  
MAKEOVERS**

## **DOES YOUR KITCHEN NEED A MAKEOVER?**

*Up to half the cost of a new kitchen • Simply change doors, worktops, appliances etc.  
Less disruption • Honest and practical advice • Local family run business*

*Fully fitted or supply only*

*Come and visit us at our **BRAND NEW Showroom** at Dobbies Stapleton, located in the food hall next to the tills - We'll show you how easy it is for us to change your kitchen!*

**contact@jaxonrosemakeovers.co.uk • 01455 710388**

**Dobbies Garden Centre, Woodlands, Ashby Rd, Stapleton, Leicestershire, LE9 8JE**

## **ECO** Window Systems

**T. 01455 635 230**

E: [info@ecowindowsystems.co.uk](mailto:info@ecowindowsystems.co.uk)  
[www.ecowindowsystems.co.uk](http://www.ecowindowsystems.co.uk)

- New UPVC Windows
- UPVC Doors
- Flush Sash Windows
- French Doors
- Patio Doors
- Composite Doors
- Bi-Fold Doors
- A+ 12 Rated
- We operate price match on like for like quotations
- All windows made in our factory in Hinckley
- We give a 10 year guarantee on all our products
- Wide range of colours

Contact our friendly team to arrange a **FREE consultation** and receive your no obligation quotation.

Contact us for a Free No Obligation Quotation



FIND US ON

## **ECO** | Repairs

We now offer a repair service which includes

- Glass Unit Replacements
- Window Hinges
- Window Locks
- Window Handles
- Door Adjustments
- Door Locks
- Door Hinges
- Door Handles

**T. 07926 129018**







# WIN A £100 GIFT VOUCHER TO SPEND ON RED LETTER DAYS

COURTESY OF THE LOCAL ROCK TO ALL OUR READERS

## HOW TO ENTER

Simply find the 10 words shown below that are all experiences at Red Letter Days and mark them on the wordsearch.

- SPA DAY**
- GOLF DAYS**
- STADIUM TOUR**
- RIVER CRUISE**
- AFTERNOON TEA**
- THEME PARKS**
- THEATRE DINNER**
- ANIMAL DAYS**
- DRIVING**
- AXE THROWING**

### \*POSTAL ENTRIES ACCEPTED ONLY\*

Send your entry to:  
The Local Rock  
Red Letter Competition  
8 Hawley Road  
Hinckley  
Leicestershire  
LE10 0PR

**Closing date:**  
**Monday 30th**  
**September 2024**

\*Winners will receive confirmation from The Local Rock

N	A	N	I	M	A	L	D	A	Y	S	T	K
R	E	T	F	H	I	S	R	B	F	U	H	D
I	A	F	T	E	R	N	O	O	N	T	E	A
V	O	U	S	E	D	G	K	T	S	L	A	X
E	I	S	P	Y	F	R	H	N	G	K	T	E
R	S	T	A	D	I	U	M	T	O	U	R	T
C	K	T	D	R	L	C	E	H	L	A	E	H
R	N	O	A	I	A	K	D	A	F	L	D	R
U	Y	G	Y	V	M	T	S	G	D	E	I	O
I	L	R	D	I	F	M	O	I	A	H	N	W
S	H	S	C	N	E	B	U	N	Y	O	N	I
E	D	I	M	G	R	L	Y	C	S	Y	E	N
A	T	H	E	M	E	P	A	R	K	S	R	G

Name: .....

Address: .....

Contact number: .....

Email: .....



# Rightio Plumbers

01455 268 887

### OUR SERVICES

- ✓ Boiler Breakdowns
- ✓ Boiler Servicing
- ✓ Radiators & Pipes
- ✓ Tanks & Cylinders
- ✓ Toilets & Taps
- ✓ Leaks & Bursts
- ✓ Showers
- ✓ Clearing Blockages
- ✓ Pipework Replacement
- ✓ Gas Safe Certified

We work across **Hinckley and all surrounding areas.**

- ✓ Fast Response
- ✓ All Work Guaranteed
- ✓ Highly Experienced
- ✓ Clear Pricing

▶ 12 Month guarantee on labour! Excludes blockages

◀ OAP Discount Speak to us today!

▶ 1-2 Hour Response time!



650921

7 Days a week | 7am - 7pm | Diagnosis work chargeable



# Advertise Your Christmas Events Now!

With only 3 months left before Christmas now is the time to put your adverts and events out there.

Whether its Christmas party nights, events with the run up to Christmas or offers your business may have running for the end of the year/new year sales.

Our adverts can be booked into any of our 4 editions The Villages, Hinckley Central, Nuneaton and South Leicester.

We also offer leaflet distribution across all areas of our magazines.



For further information or to get booked in give us a call on **01455 698161** or email us on **info@localrock.co.uk**

# Mike B's

Specialist Security Centres

01455 891046



We supply and fit safes Wire free alarms and CCTV Locks and UPVC Spares and Repairs

Competitive key cutting services  
ABS and Ullion Keys only £10.00

Trading since 1993 in Hinckley, offering all security platforms for domestic and commercial requirements.

[www.mikebsecurity.com](http://www.mikebsecurity.com)



Chubb safes



MULTI-LOCK



Open: Monday - Friday 8:30am - 5pm

Saturday 8:30 - 3pm

4 - 8 Rugby Road, Hinckley, LE10 0QD

# Community Fridge Brings People Together

A 'community fridge' in Hinckley is helping to bring people together in Hinckley.

Based at Hinckley Family Hub it's filled with donated food, which members of the community can take for free.

Other community fridges are based in Family Hubs in Coalville, Wigston Magna, Lutterworth and Loughborough (Shelthorpe).

Since it opened volunteers and 'customers' have been sharing recipes, trying new food, cooking with food they have never used before and making meals for neighbours - and even the wider community.

Sam Peverett, volunteer development officer at the county council, said: *"We get given a lot of fresh items and as a result we're seeing some people trying fruit and vegetables they've never eaten before."*

*"We've also seen people swap recipe ideas while waiting for their bags and we know others make meals, or things like strawberry jam, for neighbours from the food."*

*"Our volunteers have really gelled well, and some have been sharing their own recipe ideas with people. They have been such an asset and have helped to make this all possible."*

In the space of a year, the council's fridges were used by more than 11,000 people across the county and saved around 42 tonnes - the equivalent weight of around 21 shipping containers - of waste going to landfill.

Deborah Taylor, county council cabinet member for children and families, said: *"Food waste is a really big issue across the country but the brilliant thing about community fridges is that people can make use of perfectly good food that would otherwise be thrown away."*

*"We'd like to thank all our volunteers and the businesses who support and help run our*



*fridges. Your support is invaluable."*

The council's community fridges are run thanks to a partnership with the environmental charity Hubbub UK.

## Work-Link Est 1997

Charity Number 1002750

**Quality donations of furniture  
and appliances always needed.**

**Free collections  
01455 636506**



**WORK  
LINK**  
transform together

Abbott House, Trinity Lane, Hinckley, LE10 3BS

# A COMPACT & ELEGANT STAIRLIFT ALTERNATIVE

Premier  
Mobility

Keep your staircase free of obstruction with a Ellesse Premium Through Floor Lift.

- ✓ CUSTOMISABLE TO YOUR REQUIREMENTS & HOME
- ✓ COMFORTABLE & EASY TO USE
- ✓ EASY INSTALLATION BY PREMIER MOBILITY



**NO OBLIGATION ASSESSMENTS AVAILABLE NOW  
PLEASE CONTACT US FOR MORE INFORMATION**

136 Ashby Road  
Hinckley, LE10 1SN

01455 634786

sales@premiermobility.co.uk



**10 YEAR Guarantee**

**WORCESTER BOSCH 4000  
25KW COMBI BOILER FOR  
COMBI BOILER REPLACEMENT,  
FULLY INSTALLED  
10 YEAR GUARANTEE  
£2250 inc. VAT**

**JOHN BENNETT**  
HEATING

## NEW BOILERS

**\*PRICE RISE LIKELY IN MARCH\***

**Worcester  
Bosch 22mm  
Magnetic Filter**

Credit Cards Accepted




**MagnaClean  
Micro  
ADEY**

**5 Year Guarantee\***

**WORCESTER BOSCH 1000  
- 30KW COMBI BOILER  
FOR COMBI BOILER REPLACEMENT  
FULLY INSTALLED WITH ADEY  
MICRO 2 FILTER WITH  
5 YEAR GUARANTEE  
£1850 inc. VAT**

**BOILER SERVICE  
FROM £80 INC. VAT**

**\*Visit the website now for your ONLINE QUOTE\***  
**WEBSITE: WWW.JOHNBNETTHEATING.CO.UK**  
**82 THE COMMON, BARWELL, LEICESTERSHIRE LE9 8BR**  
**TEL: 07712 108688 TEL: 01455 442761**



Reg. No: 519321

**WORCESTER**  
Bosch Group  
Accredited Installer

# Cracking Down on Youth Vape Sales

Public health officials from across Leicestershire have called for a regional crackdown on the “concerning” and “inappropriate” illegal sale and marketing of vapes to under 18s.

The Association of Directors of Public Health for the East Midlands said: *“The increase in youth vaping is concerning, and public health teams across the East Midlands should continue to monitor the situation.”*

It called for trading standards to be given “the tools necessary to undertake enforcement work and other measures to protect children and young people”.

The UK Vaping Industry Association said it agreed stronger measures were needed to cut off the supply of youth vaping and illicit products.

Nearly 8% of 11-17 year olds vape, according to figures from an online survey, external of 2,000 children by health charity ASH (Action on Smoking and Health).

The British Medical Association has called for action, saying vapes have no rightful place in young people’s lives.

The Association of Directors of Public Health for the East Midlands includes senior



health officials from Derby, Derbyshire, Leicester, Leicestershire, Lincolnshire, North Northamptonshire, Nottingham, Nottinghamshire, Rutland and West Northamptonshire.

Its report will be put to councils across the region to endorse, according to the Local Democracy Reporting Service.

The report said: *“E-cigarettes are an age restricted product, and we are against inappropriate marketing practices that promote them to under 18’s.”*

The UK Vaping Industry Association said bans could *“supercharge the black market”* and push the nation’s smoke-free ambitions further out of reach *“by deterring adult smokers from making the switch and driving current vapers into the hands of underground sellers or back to cigarettes”*.

## BW PLASTERING & DAMP PROOFING

- PLASTERING
- DAMP PROOFING
- DRY LINING
- COVING
- TILING
- INSURANCE WORK
- FREE QUOTE
- DAMP PROOFING GUARANTEES AVAILABLE

01455 845706 / 07872 593692  
bwplasteringservice@gmail.com

Reliable & Professional

## PAINTING & DECORATING

Call Neil Butterworth on  
0773 297 5986

30 Years Experience • Fully Insured



YOUR LOCAL SERVICE WITH **24HR CALL OUT**

**10 YEAR GUARANTEE**

**10% DISCOUNT FOR SENIOR CITIZENS**

Quote 'Local Rock' for **20% DISCOUNT**

**WE WILL BEAT ANY LIKE FOR LIKE QUOTE**



**GARADOR**  
**HENDERSON**

- Fast, efficient service
- uPVC, GRP and Steel
- 24 Hour call out
- Trade and Public
- Hormann doors remote control
- uPVC windows
- FREE Site Surveys
- Quality products

**EST. 25 YEARS**

For more information:  
krishgaragedoors@gmail.com  
www.krishgaragedoors.co.uk



**GARAGE DOORS**  
SUPPLY • FIT • SERVICE • REPAIR

**INSURANCE APPROVED**

**COUNTRYWIDE COVERAGE 07958 323265 / 0116 271 6633**

**Bronze**

Book two adverts and payment is taken on each deadline

**Silver**

Book four adverts and payment is taken on each deadline

**Gold**

Book six adverts and pay total in advance

**Situations Vacant & Public Notices**

Costs based on the one off prices see below

**Advertising rates**

Hinckley Central - 10,200 copies,  
Nuneaton - 8,500 copies,  
and South Leicester 8,600 copies

	<b>One off</b> Price per advert + VAT	<b>Bronze</b> Price per advert + VAT	<b>Silver</b> Price per advert + VAT	<b>Gold</b> Price per advert + VAT	<b>Gold</b> Total Payment + VAT
<b>1/8 Page</b>	£48.50	£44.00	£39.00	£37.25	£223.50
<b>1/6 Page</b>	£65.75	£56.50	£53.00	£48.50	£291.00
<b>1/4 Page</b>	£81.50	£73.50	£65.75	£61.50	£369.00
<b>1/3 Page</b>	£97.00	£88.50	£79.50	£74.50	£447.00
<b>1/2 Page</b>	£124.00	£113.50	£102.50	£97.00	£582.00
<b>Full Page</b>	£220.00	£201.00	£183.50	£172.75	£1,036.50
<b>Handy Numbers</b>	£23.00				

**Prime position prices + VAT:**

**Front Page** £270.00   **Back Page** £270.00   **Inside front** £237.50   **Inside back** £237.50   **Centre Spread** £340.00   **Page 3** £189.00

**For the Village edition prices, please see our website**

**Tel: 01455 698161 • www.localrock.co.uk**



**BURBAGE  
CUSTOM  
WINDOWS**  
Established 1994



**TOP CLASS SERVICE  
FOR OVER 30 YEARS**



## WINDOWS | DOORS | CONSERVATORIES | ROOFLINE

Our professional, family-run team are proud to have received thousands of positive reviews from satisfied customers over our 30 years in business. From the first visit through to the build, we aim to deliver exceptional service.

- Visual Design Software To Realise Your Dream New Product
- Friendly, Knowledgeable Staff
- Expert Fabrication and Installation Teams

If I could give these guys 10 stars I would. The fitters were more than first class, professional, friendly and skilled.

**Nothing not to like about my experience with  
Burbage Custom Windows.**

**Mick Jones**

**Speak to our EXPERT team today**

**01455 631212**

[burbagecustomwindows.co.uk](http://burbagecustomwindows.co.uk)  
[info@burbagecustomwindows.co.uk](mailto:info@burbagecustomwindows.co.uk)

**Or come visit our showroom!**

Unit J, Tungsten Park  
Maple Drive, Hinckley,  
Leicestershire, LE10 3BE

**Monday - Friday**

9am - 5pm

**Saturday**

9am - 12pm

SEPTEMBER SAVING

£3,000 OFF\*

TORRES

Now from £31,995  
+ £1,000 Finance  
Desposit Contribution\*



[kgm-motors.co.uk/septembersaving](http://kgm-motors.co.uk/septembersaving)

Explore the range at your local dealership:

Ashby & Mann Ltd, 94-106 Upper Bond St, Hinckley, Leics LE101RL  
01455 240052 <http://www.ashbyandmann.com>



Fuel consumption figures for the Torres range in mpg: 31.1-33.2. CO2 emissions: 194-207 g/km. \*Model featured is a Torres K40 priced at £35,645 inc. optional metallic paint priced at £650. Torres including delivery charge, Road Fund Licence & first registration charge. Prices are correct at the time of going to print but may be modified or changed at any time. Warranty covers 5 years or 100,000 miles. T&Cs apply.

SEPTEMBER SAVING

UP TO  
£5,500 OFF\*

TORRES  
EVX

The all-electric SUV.  
Now from £39,995



[kgm-motors.co.uk/septembersaving](http://kgm-motors.co.uk/septembersaving)

Explore the range at your local dealership:

Ashby & Mann Ltd, 94-106 Upper Bond St, Hinckley, Leics LE101RL  
01455 240052 <http://www.ashbyandmann.com>



Fuel consumption figures for the Torres range in mpg: 31.1-33.2. CO2 emissions: 194-207 g/km. \*Model featured is a Torres EVX K40 priced at £42,545 inc. optional metallic paint priced at £550. Torres EVX K40 including delivery charge & first registration charge and including VAT. Prices are correct at the time of going to print but may be modified or changed at any time. Warranty covers 7 years or 90,000 miles.